

CIAO

TRATTORIA

On the Spot.

LUNCH MENU

We are committed to treating our employees with fairness and respect, which is why we proudly pay a living wage. As part of our values and philosophy, we believe in transparency and convenience for our customers and employees. Therefore, all prices on our menu already include the cost of tax and employee compensation, so you can enjoy your meal without any additional charges. To learn more about our company values and philosophy, please visit our website at www.eatciao.com. Thank you for supporting our commitment to fair compensation and transparency.

TUESDAY - FRIDAY: 10 AM – 2 PM



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Starters

MEZZE PLATE \$13

Eggplant zaalouk, hummus and house made tzatziki sauce served with warm naan bread.

MEDITERRANEAN PLATE \$18

Hummus, tzatziki sauce, and our signature cucumber salsa served with gyro meat and warm pita triangles for dipping.

BREADSTICKS \$12

Warm breadsticks (6) served with garlic parmesan sauce marked with marinara.

BRUSCHETTA \$13

Olives, tomatoes, fresh mozzarella and basil tossed with olive oil & sea salt and topped with balsamic. Served with crostini.

Insalata

GYRO BOWL \$16

Choose chicken or lamb on a bed of lettuce with Greek dressing, tzatziki sauce, our signature cucumber salsa, and feta cheese.

ITALIAN CHOP CHOP \$18

Salami, chicken, tomato, green onion, basil, pepperoncini, kalamata olives, and chopped romaine tossed with house dressing and parmesan.

CHICKEN CAESAR SALAD \$18

Romaine lettuce tossed with classic Caesar dressing and topped with tomatoes, red onions, parmesan cheese, and lemon.

Sub Shrimp 8

Panino

Served with house pasta salad.

THE ITALIAN \$ 17

Salami and prosciutto on an Italian roll with provolone, pickled red onion, pepperoncini, sliced tomato, and Italian dressing.

MEATBALL SANDWICH \$ 17

House made meatballs on an Italian roll with marinara and provolone cheese.

CHICKEN PESTO MELT \$ 16

Chicken on herb focaccia with melted provolone and tomato chutney.

GYRO SANDWICH \$ 15

Choose chicken or lamb on naan bread with tzatziki sauce, our signature cucumber salsa, and feta cheese.

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Pasta

SCAMPI DI GAMBERO

Lunch - \$ 20 | Full - \$ 29

Jumbo prawns with lemon caper and butter sauce over lemon pasta.

LEMON PASTA WITH CHICKEN

Lunch - \$ 15 | Full- \$ 20

Spaghetti tossed with butter, fresh squeezed lemon, and parmesan cheese, topped with chicken and garnished with lemon and parsley.

SPICY BAKED MOSTACCIOLI

Lunch - \$ 15 | Full- \$ 20

Penne pasta with creamy red sauce, chicken, and a hint of chili flake, topped with mozzarella cheese and baked to perfection.

CHICKEN ALFREDO

Lunch - \$ 15 | Full- \$ 20

Fettuccini noodles topped with Chef Jessie's famous garlic parmesan sauce, chicken, and parmesan cheese.

MAPLE BACON JALAPENO MAC & CHEESE

Lunch - \$ 14 | Full- \$ 19

Shell pasta tossed with our house made white cheddar and gruyere cheese sauce, maple, bacon and a hint of jalapeño and topped with more cheese, more bacon, and jalapeño relish.

CLASSIC MAC & CHEESE

Lunch - \$ 13 | Full- \$ 16

Shell pasta tossed with our house made white cheddar and gruyere cheese sauce and topped with more cheese and greens.

BOLOGNESE

Lunch - \$ 15 | Full- \$ 20

Bucatini noodles tossed with red meat sauce that has been slow cooked with beef, pork, and Italian herbs.

Add-Ons

MEATBALLS (3) \$12

ITALIAN SAUSAGE \$7

CHICKEN \$8

PRAWNS (4) \$16

Sides

ROASTED BRUSSEL SPROUTS \$ 10

ROASTED ASPARIGUS \$10

SIDE CAESAR SALAD \$6

ITALIAN SALAD \$6

CUP OF SOUP \$ 6